



# ***ALZHEIMER ASSOCIATION***

Registered 30<sup>th</sup> May 2005 – Number 8652

Accreditation number CSR Committee N/1184

Jean Vaubert de Chantilly Alzheimer Centre

c/o Couvent de Belle Rose,

Old Moka Road, Quatre Bornes

Belle Rose

A Member of ADI (Alzheimer Disease International), The International Federation of 78 Alzheimer Associations around the world.

Affiliated to MACOSS

## **OBJECTIVES**

1. To increase awareness in the public about Alzheimer's disease and other dementias
2. To provide support and care to persons suffering from Alzheimer's Disease and to their families
3. To advocate for greater understanding of Alzheimer's Disease and to improve the management
4. To make Alzheimer's Disease a public health priority
5. To carry out research on dementias and Alzheimer's Disease



# ***ALZHEIMER ASSOCIATION***

## **EXCUTIVE COMMITEE**

President	Dr Ameenah Sorefan
Vice-President	Dr Pascale Dinan
Secretary	Gilbert Ponton
Assistant Secretary	Sr Claudette Begue
Treasurer	Désirée Job
Assistant Treasurer	Mary Ramiah
Members	Eric Nicholas Mariam Mauthoor Dr Claude Ricaud
Our Bank	The Mauritius Commercial Bank Ltd Rose Hill Mauritius
Account Number	030099064
Eban	MU21MCBL0903000000099064000MUR



# ***ALZHEIMER ASSOCIATION***

## **OUR ACTIONS**

- Day Care Centre for patients with Dementia and Alzheimer Disease
- Awareness Campaigns in the media
- Training of Volunteers
- Training of Doctors
- Public Lectures
- Support and information at the Centre
- Free medical consultation for diagnosis and care
- Psychosocial care and support for patients and families
- Activities with elderly persons every fortnight
- Celebration of World Alzheimer's Day 21 September
- Participation to International Conferences on Alzheimer Disease
- Fund raising activities

**ALZHEIMER DISEASE** is the most common type of dementia – 50 to 60% of all cases of Dementia, affecting mostly elderly persons.

It is associated with wide spread neuro-degenerative damage of brain tissue. It results in a decline of the mental and cognitive function,



## ***ALZHEIMER ASSOCIATION***

especially memory, language, judgment and thinking and interferes with daily activities and social relationships

It usually runs a progressive course although it can be step by step; it is irreversible and ultimately fatal.

For people aged over 60 it is the second leading cause of years lived with disability (WHO 2004)

With the ageing of the world's population and the increasing number of people aged over 60 there will be a substantial increase in the number of people with dementia.

Worldwide there are about 35 million persons with Alzheimer Disease (2009 ADI report) and In MAURITIUS it was estimated in 2007 that around 6,000 persons had Alzheimer's disease.

### **The Staff**

We have paid staff and volunteers working at the Day Care Centre Monday to Friday 8.30 am to 3.30 pm

The clients, 14 to 16 patients daily are managed by our dedicated staff, with the maintenance of a domestic atmosphere.



# ***ALZHEIMER ASSOCIATION***

## **Main Activities**

### The Day Care Centre

The company of other people and the activities provided in the centre help to stimulate the person with dementia and AD. Many of the activities at day care centre aim to maintain some of the residual skills and their autonomy. Also when a family leaves its older person with us for the day, respite is given to the families, who are free to continue with their normal daily activities.

### These activities include following:

Reminiscence

Indoor games

Table manners and hygiene

Entertainment and hobbies

Music and dance

Physical exercise

Massage and relaxation

Outings



## **ALZHEIMER ASSOCIATION**

### **LA ROSA DAY CARE CENTRE (a branch of the Association Alzheimer )**

Association Alzheimer is collaborating with the Senior Citizens Associations of the Grand Port District and the Ministry of Social Security, in setting up Day Care Activities for 20 persons with dementia and AD twice a week ( Tuesdays and Thursdays), at the La Rosa Elderly Day Care Centre (EDCC) from 9.30 am to 2.00 pm, starting in June 2014

20 Senior Citizens volunteers have been identified and trained at the Alzheimer Centre to take care of the persons with dementia at la Rosa EDCC. A public awareness has been done for all members of the senior citizens association of the Grand Port District by the professionals of the Association Alzheimer. A survey form has been prepared to help in locating the persons with dementia and to motivate them and their families to attend the La Rosa EDCC.

Association Alzheimer will support the day care centre in preparing the activities, donate games and materials and continue with the training of the volunteers and families at the La Rosa EDCC.

### **BUDGET FOR 2014**

#### **Capital costs:**

Outside garden furniture and little marquis	Rs 75,000
Computer	Rs 25,000
Cupboard	Rs 20,000



## **ALZHEIMER ASSOCIATION**

La Rosa Day Care EDCC materials	Rs 20,000
Website updates & Maintenance	Rs 12,000
<b>Total Capital Cost</b>	<b>Rs 152,000</b>

### **BUDGET RECURRENT FOR RUNNING THE DAY CARE**

#### **MONTHLY**

• Nurses x 3	15,000
• Carers 3 x 5,800	17,790
• Cook/maid	4,500
• Cleaner/Attendant	3,500
• Secretary / Receptionist	7,300
• Gardener	600
• Animateur	10,370
• Psychologists x 2	15,000
• NPF	4,325
• Coordinator	8,000
<b>Total monthly salaries</b>	<b>86,385</b>
<b>End of year Bonus</b>	<b>74,060</b>
<b>Total yearly payroll</b>	<b>1,110,680</b>
<b>Other costs:</b>	
• Volunteers stipends	3,000
• Travelling for employees	9,000
• Stationery	1,500



## **ALZHEIMER ASSOCIATION**



**TOTAL estimated costs for year 2014 Rs1,721,080**

### **Additional Recurrent Items for 2014**

- Training Sessions for parents
- Property insurance
- Publicity
- Travelling of Clients

**Total estimated additional recurrent items Rs 150,000**

### **Additional ACTIVITIES and BUDGET for 2014**

Training of Carers	Rs 200,000
Alzheimer's Month 2014	Rs 50,000
La Rosa Elderly Day Care Centre	Rs 50,000
<b>Total additional activities 2014</b>	<b>Rs 300,000</b>



# ***ALZHEIMER ASSOCIATION***

**Please CONTACT US**

**HOTLINE** 800 1111

**Office Tel** 466 0731

Website

[www.alzheimer.mu](http://www.alzheimer.mu)

You can write to The Secretary at

MAIL ADDRESS: [associationalzheimer@intnet.mu](mailto:associationalzheimer@intnet.mu)

**THANK YOU FOR YOUR SUPPORT**